

**Guideline for the Discussion Program and the Post-Program Session  
of the 46th SSEAYP in 2019 (Draft)**

**1. Purpose**

The Discussion Program intends to encourage the Participating Youths (PYs) (1) to deepen their understanding of the current situation of the various fields in each country and **motivate them to act for solving problems in the respective fields**; as well as (2-a) to promote mutual understanding; (2-b) to improve the PYs' skills in exchanging views with other participants; and, (2-c) to enhance their abilities in presenting their own ideas in public, through a free-flowing and active exchange of opinions.

Furthermore, it aims to equip the PYs with practical knowledge and skills that are necessary for them to conduct post-program activities, to encourage them to **come up with concrete ideas for possible post-program activities** and enhance their willingness to actively participate in the post-program activities by providing opportunities for PYs to utilize the results of the Discussion Program.

The Post-Program Session aims to deepen PYs' understanding on the Alumni Association (AA) of respective countries and the SSEAYP International which is the solidarity body of the AAs, and allow PYs to design possible projects **to realize their ideas for post-program activities**.

**2. Theme**

**(1) Common Theme**

The common theme for the Discussion Program and the Post-Program Session in SSEAYP shall be:

**“Youth Participation in Social Activities”**

The youth, as young leaders, are expected to play an important role in the revitalization and prosperity of their societies. The Discussion Program and the Post-Program Session aim to raise PYs' awareness of the importance of their participation in social activities, and to enhance PYs' willingness and encourage their active participation in the post-program activities by providing opportunity for PYs to understand the current situation in each country and to discuss activities that they can contribute in the various fields.

**(2) Group Themes**

The Discussion Program shall follow the common theme and under it there are nine (9) “group themes.” Each discussion group (DG) shall comprise of more or less the same number of PYs from different contingents.

Please refer to the Group Theme Description herewith attached (*Attached Sheet 1*).

- 1) Disaster Risk Reduction and Recovery
- 2) Diversity and Social Inclusion
- 3) Education

- 4) Employment and Decent Work
- 5) Environment and Sustainability
- 6) Good Health and Well-being
- 7) Information and Media
- 8) Soft Power and Youth Diplomacy
- 9) Youth Entrepreneurship

### **3. Structure**

The Discussion Program and the Post-Program Session shall be implemented according to the implementation plan to be issued by the Discussion Program Steering Committee. Please refer to the detail of the Discussion Program Steering Committee herewith attached (*Attached Sheet 2*).

### **4. Proceedings**

#### **(1) Pre-Program Activities / Requirements**

The Government of Japan shall send questionnaires to the PYs through their respective governments by late June to determine their preferred discussion themes. The respective governments shall be requested to return the duly accomplished questionnaires by July 12, 2019. The Government of Japan shall then prepare the final discussion group assignments based on the questionnaire and other considerations.

The Government of Japan will hold a Facilitators Meeting from July 23 to 26, 2019 (including arrival and departure dates) to determine and finalize the objectives of each DG. Thereafter, it will provide the PYs through the respective governments with basic information (i.e. groupings, schedules, etc.) and pre-program assignments according to their respective DGs. The Facilitators may also provide the PYs with additional information whenever necessary.

The PYs are expected to prepare for the Discussion Program by deepening their knowledge on their respective group themes as well as to accomplish the pre-program assignments.

#### **(2) Country Program in Japan**

During the country program in Japan, Discussion Program (Field Study) relevant to the respective group themes, Discussion Program (Introductory Program) and Post-Program Session I and II shall be scheduled as an introduction to the Discussion Program.

In the Discussion Program (Field Study) relevant to the respective group themes, the PYs are expected to increase their awareness of “Youth Participation in Social Activities” under their respective group themes by experiencing actual activities and exchange opinions with experts and practitioners in those fields.

The Discussion Program (Introductory Program) is a plenary session organized and facilitated by the Facilitators, in which purposes and procedures of the Discussion Program are explained.

Post-Program Session I (plenary session) will be organized and facilitated by the representatives of each Alumni Association (OBSC representatives). This session shall primarily contain the introduction of SSEAYP International (SI) which is the solidarity body of respective Alumni Associations (AAs). This session intends to deepen PYs' understanding of SI, its mission, objectives and activities, and encourage them to actively participate or organize post-program activities under their respective AAs or SI. In addition, the status of implementation and the outcomes of the projects which were discussed and prepared by the previous years' PYs during the Program shall be introduced, so that PYs would have better image of the post-program activities and how they could act in their own communities.

Post-Program Session II (by contingent) will be led by the OBSC representatives. In this session, PYs will deepen their understanding of AA, activities done by both AAs and former PYs in their respective countries.

### **(3) Discussion Program Onboard**

PYs shall participate in their respective group discussions (Session I to V), which shall be administered by the Facilitators. The contents of Group Discussion I include setting goals which individual PYs would like to achieve through the Discussion Program.

During the country program in the first port of call country after Japan, Discussion Program (Field Study) relevant to the respective group themes shall be scheduled to further enhance the group discussion. The PYs are expected to increase their awareness of "Youth Participation in Social Activities" under their respective group themes by experiencing actual activities and exchange opinions with experts and practitioners in those fields.

After the group discussion I to V, there will be a session in which PYs will learn approaches for designing and implementing projects from Facilitators in order to equip them with practical knowledge and skills necessary for them in conducting social contribution activities after the SSEAYP. In the following session, PYs will also practice how to design concrete and feasible project(s) as hands-on experience in workshop, led by the Facilitator and Discussion Program Steering Committee members by DG.

In the Discussion Program (Wrap-up), PYs will review and summarize the opinions and outcomes of discussions as well as the results of Field Studies.

In the Discussion Program (Preparation for Presentation, DG report making), PYs will engage in the following activities based on the outcomes of the Discussion Program (Wrap-up).

- Prepare for the Presentation of Discussion Results
- Make DG report which includes the process and contents of discussion activities (Consolidated discussion report shall be submitted to the Administration through the Facilitator.)

Discussion Program (Presentation of Discussion Results) is for the PYs to present and share the outcomes of each DG, to learn and understand the different pictures of “Youth Participation in Social Activities” and to increase their awareness on the social activities in which youth would be able to engage in respective fields.

Discussion Program (Self-Evaluation) is for PYs to reflect and evaluate their own activities in the discussion activities. This session shall be led by the Facilitators and PY Steering Committee Members by discussion group and PYs will organize their ideas towards post-program activities based on the following guiding questions.

- How much could you achieve the goals you set?
- What have you gained from the group discussion besides the goals that you set?
- How would you like to best utilize the outcomes of the discussion activities for your post-program activities?

#### (4) Post-Program Session Onboard

In the Post-Program Session III (by contingent), PYs will discuss activities and projects which they would like to conduct as their post-program activities in their respective countries and communities and develop the project proposals by receiving advice from the OBSC representatives.

In the Post-Program Session IV (by contingent), PYs will continue to work on project proposed in the Post-Program Session III for finalization. PYs will also prepare for the presentation at the Debriefing Session.

At the Debriefing Session, each contingent will present proposal of their project as the summary of the Post-Program Session.

### 5. Detailed Schedule

Pre-program	By the beginning of June	<b>Selection of Facilitators</b> The Government of Japan will determine the Facilitators based on the recommendations by the respective governments or Alumni Associations.
	Late June – July 12	The Government of Japan will send the questionnaires to PYs through the respective governments to choose the discussion group theme.
	July 23 – 26 (including arrival and departure dates)	<b>Facilitators Meeting (Tokyo)</b> The objective of each discussion group shall be finalized.
	By the beginning of September	The Government of Japan decides the groupings of PYs, provides pre-program assignments and launches group-based mailing lists.

	September 17-20 (including arrival and departure dates)	<b>National Leaders Meeting (Tokyo)</b>
	By the time of Embarkation	PYs shall deepen their knowledge on their respective group themes in preparation for the Discussion Program and accomplish the appropriate pre-program assignments provided.



Country Program in Japan	October 29 19:45-21:00	<b>Discussion Group Meeting</b> Selection of Discussion Program Steering Committee members
	October 30	<b>Discussion Program (Field Study)</b> relevant to group themes
	October 31	<b>Discussion Program (Introductory Program)</b> Explanation of Discussion Program <b>Post-Program Session I</b> (plenary session) Introduction of SI and activities of SI and AAs
	November 1	<b>Post-Program Session II</b> (by contingent) Introduction of activities of respective AA and former PYs



Discussion Program (Onboard)	November 4 11:30-17:00	<b>Discussion Program Steering Committee Meeting</b> Discussion of the details of implementation
	November 6 14:15-17:00	<b>Group Discussion I</b>
	November 8 10:00-12:45	<b>Group Discussion II</b>
	November 9 10:00-12:45	<b>Group Discussion III</b>



Country Program in Viet Nam	November 11 (tentative)	<b>Discussion Program (Field Study)</b> relevant to group themes
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Discussion Program (Onboard)	November 15 10:00-12:45	<b>Group Discussion IV</b>
	November 21 10:00-12:45	<b>Group Discussion V</b>
	November 27 10:00-12:45	<b>Introduction to post-program projects design and implementation</b>
	November 27 14:15-17:00	<b>Workshop for post-program projects design and implementation</b>
	November 28 10:00-12:45	<b>Wrap-up</b>

	December 4	10:00-12:45	<b>Preparation for Presentation of Discussion Results, DG report making</b>
	December 5	10:00-17:00	<b>Presentation of Discussion Results</b>



Post-Program Session (Onboard)	December 6	10:00-12:45	<b>Post-Program Session III (by contingent)</b> Discussion and designing of post-program activities
	December 8	10:00-12:45	<b>Post-Program Session IV (by contingent)</b> Finalization of project designing and preparation for the Debriefing Session
	December 9	10:00-12:45	<b>Discussion Program (Self-Evaluation)</b>
	December 12	16:00-17:30	<b>Debriefing Session</b> Presentation of proposal of the project by contingent

## Group Themes Description

### 1. Disaster Risk Reduction and Recovery

PYs will discuss how youth can contribute and maximize the achievement of disaster risk reduction and post-disaster recovery in the fields of politics, society, education and others as acknowledging the current situation and challenges in ASEAN member countries and Japan.

### 2. Diversity and Social Inclusion

PYs will recognize a variety of social and economic changes in ASEAN member countries and Japan caused by the recent progress of globalization, and they discuss what and how to establish a society including socially vulnerable and respecting diversity based on each country's history and culture.

### 3. Education

PYs will understand the current status of education in ASEAN member countries and Japan. On that basis, PYs will discuss how youth can contribute to ensure inclusive and quality education and lifelong learning for all.

### 4. Employment and Decent Work

PYs will understand the current situation of youth employment and challenges in ASEAN member countries and Japan. On that basis, PYs will discuss how youth can contribute to the achievement of the decent work (aspirations of people in their working lives in other words) based on each country's history and culture and to promote sustainable modes of jobs and employment.

### 5. Environment and Sustainability

PYs will recognize the current environmental situation and acknowledge the issues of climate change and biodiversity in ASEAN member countries and Japan. On that basis, PYs will discuss how the youth can contribute in balancing developments, urbanization and the establishment of sustainable society.

### 6. Good Health and Well-being

PYs will consider youth's health from physical, mental and social perspectives, especially, the situations and challenges of youth mental health. At the same time, they consider defining what an ideal well-being is for youth and methods to achieve it.

### 7. Information and Media

PYs will understand the social impact of information and media of today. Subsequently, PYs will discuss how actively and effectively people should use the media to convey messages as providers of information as well as how carefully they should chose information as recipients.

### 8. Soft Power and Youth Diplomacy

"Soft power" is, different from hard power like military or economic power, defined as the power

for getting trust or enhancing one's influence in the international society by obtaining support and sympathy from others for their culture or value. PYs will discuss how youth can contribute to discover the strength and attraction of their own countries' culture or value, and to take part in the international society with their soft power.

#### **9. Youth Entrepreneurship**

PYs will acknowledge the relationship between society and business and the current situation in ASEAN member countries and Japan. On that basis, PYs will discuss what approaches are necessary in society and how youth they can work to encourage youth to launch new business with a perspective of promotion and revitalization of the society and economy.



## **Discussion Program Steering Committee**

The following is the detail of the Discussion Program Steering Committee, which shall be formed in accordance with the “Guideline for the 46th Ship for Southeast Asian and Japanese Youth Program in 2019.”

### **1. Organization Structure**

The Discussion Program Steering Committee shall comprise of members as follows:

- Administration (Administrator, Deputy Administrator, some Administrative Staff members (in charge of the Discussion Program))
- 9 Facilitators (1 from each group)
- 3 National Leaders (in charge of the Discussion Program)
- 18 PYs representing the Discussion Groups (2 from each Discussion Group)
- 11 PYs representing the contingents (1 from each contingent)

### **2. Roles**

#### **(1) Roles of the Discussion Program Steering Committee**

- a. Plan and operate the Discussion Program
- b. Understand and adjust progress of each group
- c. Share the information of each group
- d. Plan and implement the Presentation of Discussion Results
- e. Put together the DG report which includes the process and contents of discussion activities
- f. Plan and implement the Post-Program Session

#### **(2) Individual Roles**

- a. Administration
  - Operate the Discussion Program Steering Committee. (Ultimately, the Administrator shall confirm the plan and operation of the Discussion Program and the Post-Program Session.)
  - Provide guidance to the Facilitators.
  - Confirm the objectives of each group theme proposed by Facilitators.
  - Finalize the basic information and pre-program assignments for each group that will be proposed by the Facilitators and send them to PYs through the respective governments (excluding the detail information).
  - Prepare and arrange for the necessary resources and logistical requirements.
- b. Facilitators
  - Determine and propose the group objectives for approval of the Administration.
  - Draft the basic information and pre-program assignments for approval of the Administration. (Contact the PYs of the group directly for detailed instruction upon approval from the Administration.)

- Coordinate and manage the assigned discussion group.
  - Facilitate the group discussions and give support and advice to the PYs of the group in charge.
  - Consolidate and summarize DG report made by the PYs of the group and submit it to the Administration.
  - Coordinate and manage the sessions of “Introductory Program,” “Introduction to post-program projects design and implementation,” “Workshop for post-program projects design and implementation” and “Presentation of Discussion Results.”
- c. National Leaders
- Provide advisory and opinions regarding the plan and operation of the Discussion Program and the Post-Program Session as representatives of the Cruise Operating Committee.
- d. PY Steering Committee members
- Assist the Facilitators to implement the group discussions.
  - Coordinate with the Facilitators in preparing the sessions.
  - Relay information from the PYs of the group to the Facilitators, and vice versa.
  - Put together the DG report which includes the process and contents of discussion activities and submit it to the Facilitator.
  - Coordinate with the Facilitators in planning and implementing the Presentation of Discussion Results.
  - Coordinate the group discussion session of “Workshop for post-program projects design and implementation” in cooperation with Facilitators.
  - Facilitate and manage the Post-Program Session III and IV in cooperation with the OBSC representatives.